



Mount Carmel
High School

Bell Schedule



MCHS BELL SCHEDULE

[print version](#)

MONDAY/TUESDAY (All Periods)			WEDNESDAY (Mid-Day Tutorial)			THURSDAY (After School Tutorial)			LATE START FRIDAY (Professional Time)		
Period 1	7:30	8:40	Period 1	7:30	8:37	Period 1	7:30	8:37	PT	7:30	8:35
Period 2	8:47	9:57	Period 2	8:44	9:51	Period 2	8:44	9:51	Period 1	8:40	9:39
BREAK	9:57	10:09	Tutorial	9:51	10:19	BREAK	9:51	10:01	Period 2	9:46	10:45
Period 3	10:16	11:28	Period 3	10:26	11:37	Period 3	10:08	11:17	Period 3	10:52	11:53
Period 4	11:35	12:45	Period 4	11:44	12:51	Period 4	11:24	12:31	LUNCH	11:53	12:23
LUNCH	12:45	1:18	LUNCH	12:51	1:21	LUNCH	12:31	1:01	Period 4	12:30	1:29
Period 5	1:25	2:35	Period 5	1:28	2:35	Period 5	1:08	2:15	Period 5	1:36	2:35
Tutorial			2:15			2:35					

Map

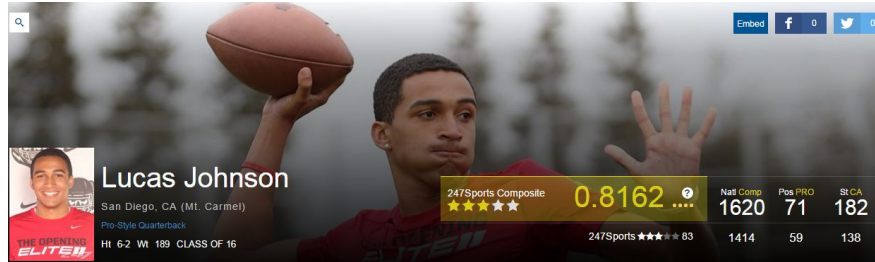


School Colors And Population

Mt. Carmel High School	
Address	
9550 Carmel Mountain Road 92129 San Diego, California United States	
Information	
Type	Public high school
Established	1974
School district	Poway Unified School District
Principal	Greg Magno
Grades	9-12
Enrollment	1,995 ^[1]
Color(s)	Scarlet  and Gold 
Athletics conference	CIF San Diego Section
Mascot	Sundevil
Team name	Sundevis
Publication	The Mt. Carmel SUN 
Website	Mt. Carmel H.S. website

Famous People

Lucas Johnson



A screenshot of a 247Sports profile for Lucas Johnson, a Pro-Style Quarterback from San Diego, CA (Mt. Carmel). The profile features a main image of him holding a football and a smaller headshot. It displays a 247Sports Composite score of 0.8162 with a 4-star rating. Other statistics include 1620 Natl Comp, 71 Pos PRO, and 182 St CA. Physical attributes listed are HT 6-2, Wt 189, and CLASS OF 16. Social media links for Embed, Facebook, and Twitter are visible in the top right.

247Sports Composite	Natl Comp	Pos PRO	St CA
0.8162	1620	71	182

Darren Balsley

Darren Balsley (born October 27, 1964 in Newport Beach, California) is the current pitching coach at Major League Baseball's San Diego Padres franchise. He was a minor-league pitcher before he decided to go into coaching. He went to Mount Carmel High School in San Diego and attended Palomar College. He has been in his current role since May 17, 2003.^[1] Under his tutelage, the Padres pitching has greatly improved, with the team ERA going from 4.87 in 2003 to a Major-League best 3.70 in 2007 to now a Major-League leading best again 3.07 ERA in 2010. Also, many pitchers have gone on to have some of the best years of their careers under his watch. These players include Heath Bell, Jake Peavy, Cla Meredith, Chris Young, Akinori Otsuka, and Kevin Cameron.

The Padres moved into cavernous Petco Park in 2004. One of the most extreme pitchers' parks in the league, this development bears much of the responsibility for the Padres pitchers' statistical improvement during Balsley's tenure.

